

# District 30S Destiny Lions Strides Diabetes 5-K Run/Walk/Ride Saturday @ 2PM, 2 Feb. 2019

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

I plan to walk at least \_\_\_\_\_ Kilometers for the District 30S Destiny Lions Strides.

Dear Potential Sponsor,

I am participating in the District 30S Run/Walk/Ride-A-Thon. All proceeds will help fund the purchase of a Diabetic Sensing Dog for nine year old Payton who has had Type-1 Diabetes since three years old.

You can sponsor me for an amount per kilometer and can name a maximum amount that you are willing to contribute. After the 5-K Run/Walk/Ride. Make checks to Mississippi Lions District 30S. Please Note: Wheel Chair pushing volunteers will be available for those participants riding (**bring your own wheel chair**).

***NO Bicycles.***

Name of Sponsor	Pledge per Kilometer (Example: \$1.00)	Maximum Pledge	Amount Collected from Sponsor	Business Matching Pledge Amount
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

**Participants: To reach our goal, we hope that each participant finds 10 sponsors @ .50 cents per Kilometer (\$25.00). Or participants without pledges/sponsors donate \$10.00 to cover the cost of T-shirt.**

Please bring this form and your collected monies with you on the day of the event.

**RULES ARE PRINTED ON THE BACK OF THIS FORM**

# District 30S Destiny Lions Strides Diabetes 5-K Run/Walk/Ride

Event happens Saturday @ 2PM, 2 Feb. 2019

**(REGISTRATION STARTS AT 1:00 PM)**

Our walk-a-thon is a fun and fit activity for everyone. Please set a realistic goal based on your health and abilities. Water will be available, and each participant will receive a token of participation.

Our goal is to help the fundraising committee raise at least \$8,000.00 to fund our goal of purchasing a Diabetes Sensing Dog. We hope that each participant will participate in the walk-a-thon to the best of his/her ability. If you are a runner you can run, walkers can walk, and for our wheel chaired participants they can ride (volunteer pushers will be available). If each participant raises \$25.00, we will achieve our goal. We're hoping to make this walk-a-thon the best ever, so the more contributions you raise; the more successful we'll be at achieving our goal. Thank you very much for your participation!

## Rules

1. Participants may start collecting pledges as soon as they receive the pledge sheets.
2. **Reminder: Pledge sheets and monies collected need to be turned in on walk-a-thon day, Saturday @ 1PM, 2 Feb. 2019.**
3. Pledges may be made by anyone. **Please ask everyone who pledges if their company has a matching gift fund policy.**
4. **Each sponsor making a pledge should write their own name, pledge per lap, and maximum pledge.** Participants need to collect their pledges in advance for turn in while registering on event day.
5. On Run/Walk/Ride, each participants should report for processing by 1:00PM (Registration will start at 1PM).
6. Participants are encouraged to wear hats and sunscreen if it's sunny or bring rain gear if it's rainy.

We look forward to all our participants having a great time! For questions or concerns, or to volunteer, **email DG Dr. Carl Nehlig at 30sdg@cablone.net.**

